

Stachys officinalis 'Rosea' Rosea Betony

Stachys officinalis 'Rosea' (Rosea Betony) features spectacular spikes of rose-pink flowers that attract pollinators all summer long. Beginning in spring, plants form a bushy mound of crinkly, green leaves. From mid-June to early August, showy, pink flower spikes emerge that attract bees, butterflies, hummingbirds and other pollinators. Flower spikes rise 6 to 12 inches above the basal foliage, for a total height of 2' tall. These upright inflorescences appear to float above the garden, inspiring a bright, buoyant feel. Clumps spread over time, forming a dense, beautiful ground cover. Plant leaves are densely hairy, resembling lamb's ears, which provide textural interest even when not in flower. Rosea Betony prefers full sun to light shade conditions in any soil type that is well-draining. This plant prefers consistent moisture, but is somewhat drought tolerant once established. Deer and other herbivores tend to avoid this mint relative.

Botanical Name: Stachys officinalis 'Rosea'

Common Name: Rosea Betony

Family: Lamiaceae

Nativity: Not Native to US

USDA Zone: 4 to 8

Light Type: Full sun, Light Shade

Soil Type: Clay, Loam, Sand

Soil Preferences: Rich, moist soil; clay soils must be amended for drainage

Soil Moisture: Medium

Typical height (ft): 1.5-2' (foliage 1-1.5'; 2' height in flowers)

Typical width (ft): 1-2'

Foliage: Medium green

Bloom Time: mid-June, July, early August

Bloom: Bright pink

Ecological features: Floral resources attract bees, hummingbirds, and butterflies

Tolerance of: Deer, salt, heat, some drought once established

Additional notes: Spreading clumps make nice ground cover or edging.

Companion plants: Pale Purple Coneflower (Echinacea pallida), Yarrow (Achillea spp.), Rubinglow Coneflower (Echinacea purpurea 'Rubinglow'), Blue Fortune Giant Hyssop (Agastache 'Blue Fortune'), Rozanne Cranesbill (Geranium 'Rozanne'), Tufted Hair Grass (Deschampsia cespitosa)

For more information see:

<https://plantsam.com/stachys-officinalis-rosea/>

<https://www.luriegarden.org/plants/betony-rosea/>

https://www.chicagobotanic.org/downloads/planteval_notes/no27_stachys.pdf

Images of Stachys officinalis 'Rosea'



Stachys officinalis Rosea_1.jpg

multiple blooms



Stachys officinalis Rosea_2.jpg
close-up of bloom



Stachys officinalis Rosea_3.jpg
plant form



Stachys officinalis Rosea_4.jpg
mass growth of plants combining with others

Image choices for narrative:

Stachys officinalis Rosea_4.jpg - mass growth of plants combining with others

Stachys officinalis Rosea_2.jpg -- close-up of bloom