

## Persicaria amplexicaulis 'Alba' Alba Mountain Fleece

*Persicaria amplexicaulis* 'Alba' (Alba Mountain Fleece) provides a bushy form and long-blooming presence in the garden. Twisting spikes of tiny, white flowers (6" long) float above lush, oval-shaped, tapering leaves that clasp the stems. The delicate blooms last throughout July and until the first frost, providing an airy lightness to plantings from summer through fall. Bees and other pollinators are attracted to the nectar of *Persicaria* species. Good for use in masses as a tall ground cover in full to part sun conditions. Prefers moist to wet soils, making it well-suited for pond, stream, or rain garden edges. Can be sensitive to drought and heat, so plants appreciate ample moisture and part shade in warmer climates. Pairs well with late-blooming flowers such as Asters, Joe Pye Weed, and Goldenrods, as well as light textured grasses like Moor Grass.

**Botanical Name:** *Persicaria amplexicaulis* 'Alba'

**Common Name:** Alba Mountain Fleece

**Family:** Polygonaceae

**Nativity:** Not Native to US

**USDA Zone:** 4 to 7

**Light Type:** Full sun to Part Shade

**Soil Type:** Clay, Loam

**Soil Moisture:** Medium to wet

**Typical height (ft):** 3-4' flower spikes float above bushy basal foliage

**Typical width (ft):** 3-4'

**Foliage:** Leaves are oval shaped, tapering to a fine point. Green leaves turn maroon in fall.

**Bloom Time:** July, August, September, October

**Bloom:** White

**Ecological features:** nectar resource for bees and short-tongued pollinators, rarely browsed by mammalian herbivores

**Tolerance of:** Deer

**Additional notes:** New cultivar, limited information, stay tuned.

**Companion plants:** White Lovely Calico Aster (*Aster lateriflorus* 'White Lovely'), Transparent Moor Grass (*Molina caerulea* 'Transparent'), Riesenschirm Joe-Pye Weed (*Eupatorium maculatum* 'Riesenschirm'), Bury Court Great Burnet (*Sanguisorba* 'Bury Court'), Lemoire Solidaster (*Solidago x luteus* 'Lemoire')

**For more information see:**

<https://www.gardeningknowhow.com/ornamental/flowers/mountain-fleece/mountain-fleece-information.htm>

<https://www.bethchatto.co.uk/plants-for-general-conditions/persicaria-amplexicaulis-alba.htm>

<https://www.luriegarden.org/plants/knotweed-alba/>

<https://www.rhs.org.uk/Plants/96291/Persicaria-amplexicaulis-Alba/Details>

<https://www.gardenia.net/plant/persicaria-amplexicaulis-alba>

**Images of *Persicaria amplexicaulis* 'Alba'**



1313122.jpg

form - bushy foliage and floating white spires



1358068.jpg

Flowers – white spires above foliage



0614274.jpg

Arching, twisting spires.



knotweed-alba-Lurie-Garden-8.20162.png

Maroon fall leaf color



Persicaria-amplexicaulis-alba-7737-2.jpg

Dense lower foliage and oval, tapering leaf shape. Leaves appear to have matte finish.



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Twisting, airy flowers

**Image choices for narrative:**

1313122.jpg - form - bushy foliage and floating white spires

0614274.jpg - Arching, twisting spires.