

Phlox 'Blue Paradise' Blue Paradise Phlox

Phlox 'Blue Paradise' (Blue Paradise Phlox) bears fragrant summer blooms that slowly shift through violet hues from dawn to dusk. It is an upright perennial that grows in clumps up to 3 feet tall and 2 feet wide. Fragrant, violet florets are densely packed in large terminal clusters appearing over a long July to September bloom period. The spicy, vanilla-clove scented flowers respond to differing light conditions and open violet blue at dawn, develop a purple hue during the day and change back to violet blue at dusk. Attracts long-tongued pollinators, including many bees, butterflies and hummingbirds and mixes well with other perennials. Great as a cut flower. Prefers moist, well-drained soils in full sun to partial shade. Garden phlox often suffers from powdery mildew problems, although this variety is somewhat resistant. Give plants plenty of space for good air circulation and selectively prune as-needed to minimize potential mildew problems. 'Blue Paradise' was introduced by Piet Oudolf in 1990.

Botanical Name: Phlox 'Blue Paradise'

Common Name: Blue Paradise Phlox

Family: Polemoniaceae

Nativity: Great Lakes Native

USDA Zone: 4 to 8

Light Type: Full Sun, to Part Shade

Soil Type: Sand, Loam, Clay

Soil Preferences: Well-drained

Soil Moisture: Moist

Typical height (ft): 2-3'

Typical width (ft): 1.5-2'

Foliage: Medium Green

Bloom Time: July, August, September

Bloom: Violet Blue, changing color throughout the day

Ecological features: Provides nectar to long-tongued pollinators like butterflies, some bees, and hummingbirds; Pollen attracts small native bees

Tolerance of: Slight drought tolerance

Additional notes: Flowers change color daily from blue to purple with rising temperatures; fragrant flowers, good cut; needs good air circulation (space well and thin out stems as needed) to help combat potential powdery mildew problems.

Companion plants: Golden Fleece Goldenrod (Solidago 'Golden Fleece'), Coneflowers (Echinacea spp.), Black Adder Giant Hyssop (Agastache 'Black Adder'), ornamental grasses

For more information see:

<http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?taxonid=293352>

<https://www.northcreeknurseries.com/plantName/Phlox-paniculata-Blue-Paradise>

<https://www.americanmeadows.com/perennials/phlox/phlox-blue-paradise>

<https://www.midwestgroundcovers.com/plant/Phlox-paniculata-Blue-Paradise>

Images of Phlox 'Blue Paradise'



Phlox paniculata Blue Paradise 2zz.jpg
Close-up of bloom



Phlox paniculata Blue Paradise 8zz.jpg
Plant form with leaves and flowers



Phlox paniculata Blue Paradise_1.jpg
Plant form



Smyrniium perfoliatum and Phlox Blue Paradise foliage (8866591884).jpg
Red foliage accent

Image choices for narrative:

Phlox paniculata Blue Paradise 2zz.jpg -- close-up of bloom

Phlox paniculata Blue Paradise 8zz.jpg -- plant form with leaves and flowers